



**Aitkin County CARE, Inc.
Respite Worker/Homemaker
Job Description**

Title: Respite Worker/Homemaker

Summary: The Respite Worker/Homemaker provides personal and home care, companionship, and a safe environment that allows the caregiver a break or “respite” from the responsibilities of caregiving, as well as relieving caregiver burden.

Responsibilities:

- Provide a safe and nurturing environment while treating the client/caregiver with dignity and respect; provide a caring approach to client needs
- Provide socialization through conversation, reading, playing games, and encouraging participation in hobbies of interest to the care receiver
- Prepare meals as needed including purchasing groceries, meal prep and clean-up.
- Perform housekeeping duties per caregiver/client needs as outlined in the care plan
- Provide personal care, medication supervision and address other needs as requested by caregiver and agreed upon with family and Care Consultant
- Respect confidentiality of caregiver and care receiver
- Respect family traditions and cultural values of the caregiver and care receiver
- Comply with program policies and procedures of Care for the Caregiver and Homemaker Programs

Skills and Qualifications:

- Must be available to work, at minimum, 6-10 hours a week.
- Understands and is sensitive to the needs of the care receivers
- Understands and is accepting of people from multi-cultural and diverse family backgrounds and from all economic status levels
- Have good written and oral communication skills and excellent listening skills
- Personal qualifications should include: dependable, reliable, people-oriented, flexible, possess maturity, calmness, empathy, tolerance, a sense of humor, and ability to maintain confidentiality
- Have a valid drivers’ license, good driving record and proof of automobile insurance

Training:

Mandatory attendance at staff meetings. Orientation and ongoing training will be provided

Benefits:

- Opportunity to serve as a part of a team
- Opportunity to provide a critical service to seniors within our community

Aitkin County CARE Inc. is an equal opportunity employer.

Our Mission: To enhance and promote the independence, dignity, value, and well-being and of older and disabled adults and those who care for them.